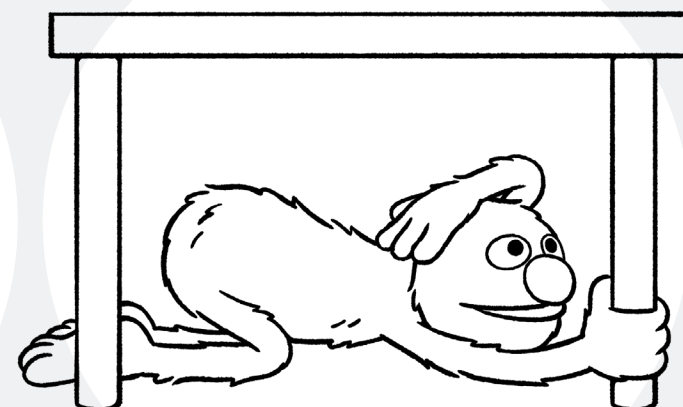
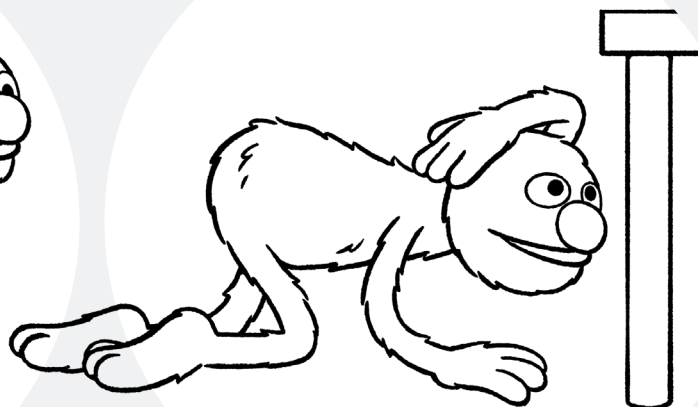
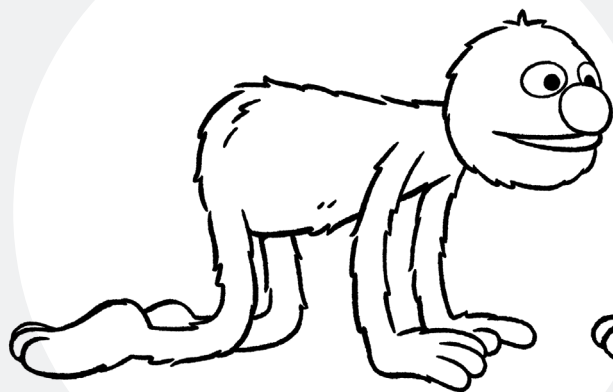


What to Do in an Earthquake



Hello! It is I, your friend Grover. Let's practice some special moves to stay safe during an earthquake!

An earthquake is when rocks move deep underground and make the ground shake. If you feel shaking or a grown-up gets a "beep-beep" earthquake alert on their phone, it's time to move!



1 DROP to your hands and knees. If you are using a wheelchair or walker, **LOCK** your wheels and get as low as you can.

2 COVER your head and neck with your arms. If you can, crawl under a big desk or table. Stay away from windows or tall furniture that could fall.

3 HOLD ON to a table leg with one hand. Use your other arm to cover your head and neck until the shaking stops.

