

Not all days are sunny... but together we can weather any storm.

Extreme weather deeply impacts families, making tools for preparation and resilience essential. Whether preparing for an upcoming season or recovering from an emergency, your *Sesame Street* friends are here to help.

Use this guide to plan a special video-screening event.

As you plan, consider:

Who should participate in this event?

While perfect for families with children ages 2 to 8, anyone can benefit, and there is plenty for grown-ups to learn, too!

When should I host this event?

Learning about extreme weather is important year-round, but the timing of your event may impact what you want to focus on. If your screening is...

- Before a season of extreme weather, you might highlight videos and activities about preparation, like *Storm on Sesame Street*.
- After an extreme weather event, you might focus on materials that center comfort and recovery.



Scan this QR code to access Sesame Workshop's full suite of extreme weather resources and pick which videos work best for your setting.

sesame.org/emergencies



Screening Suggestions:

- **Participation is Key.** When children are interacting, they are learning. Watch the videos in advance and plan moments to pause and ask questions, like: *How did the friends help each other? How did they stay safe?*
- **Get Cozy.** Some fuzzy blankets and comfy pillows can do a lot to make a viewing party feel special. You might also invite children to bring in their favorite comfort item to watch with them.
- **Sing and Dance Along!** Lots of our materials feature special songs. Encourage children to move, groove, and sing along with their Muppet friends.
- **Make Space for Big Feelings.** Extreme weather can bring up big feelings for children. If watching the video becomes overwhelming for a child, you might let them know that you understand how they feel and offer them a soothing activity, like coloring.



PAIR YOUR VIEWING WITH ACTION!

Help families get inspired to prepare and work together in their everyday lives, just like they do on Sesame Street.

Make a Plan! After the video, brainstorm preparation steps on a whiteboard. Challenge families to pledge a specific next step, like packing a go-bag or coordinating with a neighbor (find more ideas in the [Let's Get Ready](#) guide). For extra impact, invite local emergency workers to speak about community resources.

Celebrate the Little Helps! During an extreme weather event, a little help goes a long way. Brainstorm small ways neighbors can help one another. Then, pass out crayons and paper so children can write two thank-you cards: one for someone who helped them, and one to themselves for a time they helped someone else.

P.S. We would love to hear from you!
Email communities@sesame.org
and let us know how your event went.
We love to get pictures and learn how many people attended.