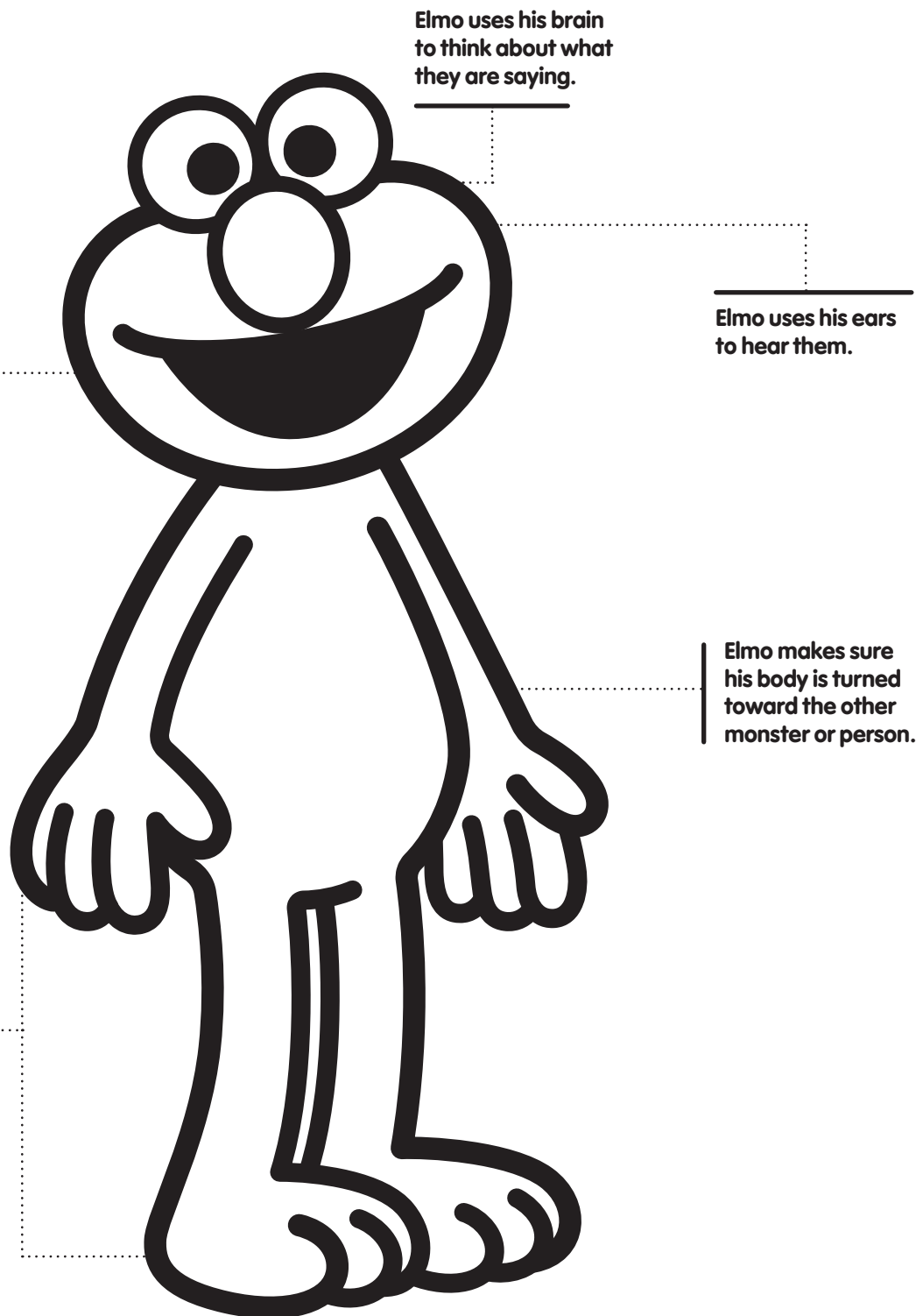


Whole-Body Listening

Whether spending time with others in person or on a video chat, listening is an important way to connect and build caring relationships. As children color in this picture, read and talk about how Elmo uses his whole body to really pay attention and hear what his friends and family are saying. Then practice whole-body listening together.



Elmo uses his brain
to think about what
they are saying.

Elmo uses his ears
to hear them.

Elmo keeps his
mouth quiet
as he listens.

Elmo makes sure
his body is turned
toward the other
monster or person.

Elmo keeps his
hands and feet
calm and still.