





ECD Health IntegrationList of resources (English & Arabic)

The ECD Health Integrated program aims to empower public health workers, including nurses and midwives, to become paraprofessional parenting counselors capable of providing on-demand parenting support during medical consultations. The ECD-Health integration program also aims to improve caregivers' knowledge to support children's holistic development and strengthen the existing national health services. The program equips nurses and midwives in health clinics to deliver age targeted inclusive ECD tips to caregivers to support children's social emotional development and early learning.

The program focuses on three components based on the nurturing care framework:

- Responsive Relationships
- Opportunities for Early Learning
- Safety and Security

Through the ECD-Health integration interventions, the health workers engage in conversations with caregivers of young children (prenatal to 8 years old) during their visits to primary health centers. These conversations involve:

- Opening a dialogue: Initiating a conversation to assess caregiver needs and deliver relevant ECD messages (3-5 minutes).
- Responding to specific needs: Tailoring ECD messages to address individual challenges like tantrums, based on observations and prompt questions.

All the resources and materials were designed and developed in Arabic, and include:

- Training for health personnel (midwives, nurses, doctors)
- Resource Guide and Dialogue Tool, with ECD tips and resources to use during check-ups
- <u>Posters</u> to guide caregivers on age-related milestones, warning signs and positive parenting practices that emphasize health development and the importance of play
- Playful Learning areas, featuring exhibits such as <u>Busy Pictures</u>, and interactive games such as <u>Turning Boxes</u> and <u>Fun Pathways</u>
- When possible, TV screens in the waiting areas show the Ahlan Simsim TV show