

play to learn ■

Curriculum Framework: Pashe Acchi Tele-Communication Model 0-6 years



The LEGO Foundation

Pashe Achhi

Tele-Communication Model

'Pashe Achhi' Tele-Communication Model is a remote learning mechanism which has integrated psychosocial support with learning through play approaches. Through various phases of uncertainty during the COVID-19 pandemic, using tele-communication helped us to stay connected with the front liners, caregivers and the children. 'Pashe Achhi' combines tele-counselling and tele-learning and was developed to discuss with the Rohingya mothers and children topics like self-care, play-based learning, Covid-19 related safety and awareness through a respectful and mutual conversation.

This model provides the frontline workers with 1 hour of basic training. Beneficiaries receive a phone call once a week based on a 20 minute tele-conversation script. It has been found that children feel excited to hear from Play Leaders and parents and caregivers feel safe and valued to receive calls. Also, frontline workers show growing dedication to stay connected to families and support children.

Curriculum Framework: Pashe Achhi Tele-Communication model for 0-2 years

The 'Pashe Achhi' Tele-Communication model is an integration of tele-counseling and tele-learning. It is conducted through twenty minutes phone call once a week to Rohingya mothers of children below 2 years of age. This 0-2 home-based framework mainly focuses on the tele-learning part.

The following framework for the 'Pashe Achhi' Tele-Communication model encompasses physical, language-communication, social-emotional, and cognitive development of children between 0-2 years of age. Evidence from neuroscience proves the necessity of responsive caregiving during the early childhood years, which are the critical years during which the human brain has the highest ability to change and capacity to respond to stimulation. Therefore, the 0-2 Pashe Achhi Framework includes;

- a. The pregnant mothers in their third trimester- to some mother third trimester is an anxious time. Mother Volunteer will give a call to the mother and discuss about pregnancy related concern and care. The mother is advised to take care of her health, not to do heavy household work, maintain balanced diet and do the major preparatory work related to delivery beforehand.
- b. Lactating mothers with children 1 to 45 days old- after giving birth Mother Volunteer would communicate with the lactating mother once through phone to understand any sign of underlying post-partum issues, recommend to vaccinate the new born and encourage the mother to self-care.
- c. Children of 46 days to 2 years and their mothers- the mothers in this group will receive one phone call every week where the Mother Volunteer will provide tele-counseling and discuss learning for their young children. This framework elaborately discusses week by week propositions for the mothers so they can help their children to grow up in playful positive environment.

The activities included in this 10-month framework are developed using firsthand information from field piloting, observations, one-on-one interviews with frontline workers, and in consultation with international ECD experts.

The activities are divided into four weeks where the first week and the fourth week focus on the developmental domains of social-emotional and language-communication through using age appropriate stories and rhymes. The second week focuses on physical and cognitive development through different play activities. The third week focuses on cultivating the mother's understanding and knowledge of the child's social-emotional wellbeing. The discussion will enable the mothers to become more observant towards their children's emotional and physical needs so that they can confidently support their children to reach their full potential.

Curriculum Framework: Pashe Achhi Tele-Communication Model 0-2

	Week 1 Kissa	Week 2 Physical/Play Activity	Week 3 Social emotional Wellbeing	Week 4 Kabbiya
Development Area	<ul style="list-style-type: none"> - Language- Communication - Social-emotional learning 	<ul style="list-style-type: none"> - Physical Development - Cognitive development 	<ul style="list-style-type: none"> - Socio-emotional - Communicating with Child 	<ul style="list-style-type: none"> - Language and Communication
Tele Counseling 10 mins	<ul style="list-style-type: none"> - Greet the mothers; ask how they and their family members are - Give COVID messages - Conversation with the mother on her mental health wellbeing 			
Tele Learning 10 mins: General Instruction for the activities	<ul style="list-style-type: none"> - Ask the mother if they remember 'Gura Puwa' kissa - Tell the kissa to remind - Ask the mother to tell this kissa to her child with voice modulation, facial expression and making eye contact - Tell the mother, to take the child on lap while telling the story - Conclude the session 	<ul style="list-style-type: none"> - Recap from last week: ask the mother, how the baby reacted while listening to kissa - Explain the play activity for this week - Depending on baby's age [whether the baby can sit, crawl or walk], tell the mother how she can conduct this activity - Conclude the session 	<ul style="list-style-type: none"> - Recap from last week: Ask the mother if she and the father had conducted the play activity, how was the baby's reaction, did the baby enjoy the activity - Discuss social emotional wellbeing topic - Ask the mother to observe her child's emotional response [based on the topic] throughout the week - Ask her to repeat the story and play activity from week 1 and 2 - Conclude the session 	<ul style="list-style-type: none"> - Recap from last week: Ask the mother what she had observed about the baby - Ask the mother if she remembers 'Tata Nana' Kabbiya - Tell the Kabbiya to remind - Ask the mother to tell this Kabbiya with voice modulation and facial expression - If her child can sit then she can sit the child in front of her and tell the kabbiya clapping or with hand gesture/movement to make it interesting to the child - If the child is too young to sit then the mother can take the baby on lap and tell the Kabbiya - Conclude the session
Month 1	<p>'Adorable little baby' (Gura Puwa) Kissa about a little baby who is adorable and lovely, eats and sleeps on time. Mom and dad love gura puwa the most! In the end mother will say the <i>GuraPuwa</i>'is you!</p>	<p>Finding hidden objects Hide object or toy close to the child so he/she find it out.</p>	<p>Importance of Touch Babies love to be touched. Touching is so important for new babies. Babies are calmed when they are held. They will turn to you if you touch his cheek. They startle a little when something cold touches his skin. Cuddles hugs kisses are things babies love.</p>	<p>Tata Nanar Bari ja Rhyme about going to grandparent's house and eat banana with puffed rice</p>

<p>Month 2</p>	<p>‘Gura Puwa’s favorite play with Mom’ Gura Puwa loves to play. He/she has favorite play activity. Gura Puwa loves pillow climbing, tip tap and many other games that he/she plays with mom. Mom is Gura Puwa’s favorite play mate.</p> <p><i>Here the mother will change the name of the play depending on what her baby loves.</i></p>	<p>Pillow climbing Pile one or two pillows and let the baby climb. If the baby is too small then hold him/her. During this activity stay close so the baby doesn’t fall down and get hurt.</p>	<p>Importance of Play Babies enjoy play very much. Playing is very important for child’s development. We do not need any certain toys for playing, we can use any type/colorful household things/cloths. The important part of playing with babies is making a strong relationship with caregiver.</p>	<p>Oli re Oli Parent is asking the baby to sleep and he/she will drink milk after waking up.</p>
<p>Month 3</p>	<p>‘Gura Puwa’s favorite food’ Gura Puwa’s favorite food are egg and milk. How much he/she loves to eat these delicious food!</p> <p><i>The mother can change the story according to baby’s favorite food.</i></p>	<p>Tip Tap While talking to the baby, with your finger gently press child’s arms, cheeks, tummy or legs. Every time you touch any body part say ‘Tip’ ‘Tap’ . .</p>	<p>Essential Nutritional Food Infants need to be exclusively breastfed for the first six months of life and can continue at least for 2 years. At this age, breastmilk provides the important nutrition and protection against disease. After six months, mother can feed her child any solid and liquid food available at the household but the food must be soft and mashed. After one year, babies can eat what other family members are eating. The diet should include fresh vegetables, fish, meat, milk, lentils, rice etc.</p>	<p>Oli oli re nosha Fuler koli Parent wants to give the baby a beautiful flower</p>
<p>Month 4</p>	<p>‘Adorable little baby’ (Gura Puwa) Kissa about a little baby who is adorable and lovely, eats and sleeps on time. Mom and dad love gura puwa the most! In the end mother will say the <i>GuraPuwa</i>’s you!</p>	<p>Peek-a-boo (Tuli Khela) Play peek-a-boo with the baby. Hide your face either with your hands or cloth.</p>	<p>Interacting with the child Let your baby know how much you love her. Respond to her cries, hold her close. Look into her eyes, sing, talk, and laugh. They need to know there’s someone to understand and love them. Tell the mother how she responds to her child is very important. Everyday activities/interaction will help the child understand that he/she is loved and cared. It will also help the babies to develop their social, emotional and thinking skills.</p>	<p>Amma duduni Gura putuni Mother is telling the baby that father will bring rattle for him/her to play</p>

<p>Month 5</p>	<p>‘Gura Puwa’ listens to mom and dad’ <i>Gura puwa</i>, is not naughty and plays with everyone in the family. Every time mom and dad cuddles Gura Puwa, he/she becomes very happy.</p>	<p>Naming body parts Cuddle the baby and say, ‘Where is my baby’s feet?’ then show child’s feet playfully and say, ‘Here it is!’</p> <p>This way play with the baby and name other body parts.</p>	<p>Positive Behavior Mothers need to develop routine for the baby, such as a fixed time for feeding, bathing, sleeping etc. This will help the baby to develop good habit. If a child does something good, it is important to let him/her know. This will encourage the child to repeat the good behavior. Any strict disciplinary words or action may upset the babies. This may affect child’s physical or mental health wellbeing. Be patient with the child, deal any unexpected behavior with kindness and love..</p>	<p>Mushkali noy jaios bhule Rhyme about a place called Moheshkhali</p>
<p>Month 6</p>	<p>‘Gura Puwa’s favorite play with Mom’ <i>Gura Puwa</i> loves to play. He/she has favorite play activity. Gura Puwa loves pillow climbing, tip tap and many other games that he/she plays with mom. Mom is Gura Puwa’s favorite play mate.</p> <p><i>Here the mother will change the name of the play depending on what her baby loves.</i></p>	<p>Touch and holding objects Let the baby touch different textures and feel soft, hard, cold or metal objects/cloths/toys. Take any object or toy that the child is attracted to, and let the child reach out for it and hold.</p>	<p>Importance of Play Baby enjoys play very much. Playing is very important for child’s development. We do not need any certain toys for playing, we can use any type/colorful household things/cloths. The important part of playing with babies is making a strong relationship with caregiver.</p>	<p>Mushkali dayjar majhe Rhyme about a place called Moheshkhali and sea birds.</p>
<p>Month 7</p>	<p>‘Gura Puwa loves Cuddle’ When mom kisses on <i>Gura Puwa</i>’s cheeks and forehead, Gura Puwa laughs. He/she loves the most when mom hugs him/her. Gura Puwa loves cuddle from mom and dad.</p>	<p>Stimulate the child with colorful cloth/ object Wave or hold any colorful cloth or object in front of the baby for stimulation.</p>	<p>Importance of Touch Babies love to be touched. Touching is so important for new babies. Babies are calmed when they are held. They will turn to you if you touch his cheek. They startle a little when something cold touches his skin. Cuddles hugs kisses are things babies love.</p>	<p>Ayor putu hoi hoi ponnat Rhyme about a baby going to Madrasa</p>
<p>Month 8</p>	<p>‘Gura puwa loves sharing’ <i>Gura Puwa</i> enjoys playing with everyone. He/ she didn’t like sharing toys with anyone but then nobody played with Gura puwa. That made Gura Puwa very sad. Then <i>Gura Puwa</i> learned to share his/her toys with friends. And friends shared their toys. Gura Puwa found the joy of sharing.</p>	<p>Pillow climbing Pile one or two pillows and let the baby climb. If the baby is too small then hold him/her. During this activity stay close so the baby doesn’t fall down and get hurt.</p>	<p>Develop positive attitude towards sharing things/toys/ food with siblings or others babies can learn sharing from a very early stage. Sharing any things/toys/ food helps them to be social with others which is a very important skill we need in our life.</p>	<p>Mamur o Moishera Rhyme about uncle and buffalo.</p>

			When they play with others (siblings/friends), it helps them to understand how others feel. They also learn to control their emotions and express their feelings. Telling Kissa to them can be another way to teach/learn sharing. Through kissa, they can understand that sharing things/toys/food can be more enjoyable than playing alone	
Month 9	<p>‘Gura Puwa listens to mom and dad’ <i>Gura puwa</i>, is not naughty and plays with everyone in the family. Every time mom and dad cuddles Gura Puwa, he/she becomes very happy.</p>	<p>Rolling things Roll a ball or anything round towards the baby and let him/her hold it and roll back to you.</p>	<p>Positive Behavior Mothers need to develop routine for the baby, such as a fixed time for feeding, bathing, sleeping etc. This will help the baby to develop good habit. If a child does something good, it is important to let him/her know. This will encourage the child to repeat the good behavior. Any strict disciplinary words or action may upset the babies. This may affect child’s physical or mental health wellbeing. Be patient with the child, deal any unexpected behavior with kindness and love.</p>	<p>Amar putu Hadere Rhyme about mother/father searching where the baby is</p>
Month 10	<p>‘Mom praises Gura Puwa’ When mom tells <i>Gura Puwa</i> to show his/her eyes, nose, hair, tummy- <i>Gura Puwa</i> shows immediately. Mom claps and praises <i>Gura Puwa</i>. He/she can sit/crawl/stand/walk perfectly! Mom is very happy and cuddles Gura Puwa. This makes <i>Gura Puwa</i> so happy that he/she wants to do better!</p>	<p>Playing with Sound [home made rattle, making sound from different objects] Make different sounds by hitting metal, plastic or wooden objects with spoon. Make rattle by refilling old plastic bottle with rice/pebbles/seeds etc. Make sure the bottle cap is secured tightly.</p>	<p>Importance of praising and encouragement Praise and encouragement nurtures children’s self-esteem, confidence and motivation. It also inspires them to try hard in the future. Children are more likely to repeat behavior that earns praise. Praise them when they behave well and encourage them when they try to do something.</p>	<p>Amma duduni Gura putuni Mother is telling the baby that father will bring rattle for him/her to play</p>

Curriculum Framework: Pashe Acchi Tele-Communication model for 2-6 years

“Pashe Achi” Tele-Communication framework for 2-6 age cohort was created after considering the contents to be easily comprehensible for the Play Leaders and integrating the learning from Focus Group Discussion (FGD) and Key Informant Interview (KII) with the Project Assistants and the Play Leaders currently working in the Rohingya camp. Subsequently, the framework was reviewed and refined with the help of international consultants.

The framework is divided in weekly sessions, where each session has three components, Time to Say Hello and Closing Session are fixed for each week, but the middle component keeps alternating from Kabbya (Rhymes) in the 1st week, Moving & Doing (Physical Activity) in the 2nd week, Kissa (story) in the 3rd week and Free Choice Session in the 4th week for each month. The time allocation for an entire session follows as:

- 2 minutes for Time to Say Hello
- 6 minutes for Kabbya/Moving & Doing/Kissa/ Free choice session.
- 2 minutes for Closing Session

Time to Say Hello component covers, COVID-19 related safety messages along with the social and moral values. All the Kabbyas, Kissas & Physical Activities chosen for the Tele-communication sessions is derived from the existing HPL curriculum, which are culturally relevant to Rohingya community.

Moreover, the activities were selected and redesign in a way that is simple enough to conduct over a phone call yet achieve the same developmental outcome as before and doesn't require any play materials. Every last week of a month, a Free Choice Session will be conducted which was designed to provide children with an option to repeat any activity from the last three sessions. The repetitions will help children to learn further. Lastly, the closing session incorporates parental engagement where the caregivers will be asked to conduct the activity with the child at home.

Curriculum Framework: Pashe Achhi Tele-Communication Model 0-6

Pashe Achhi Framework For The 1st Month

Content & Timing	Week 1	Week 2	Week 3	Week 4
Developmental Outcome	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Physical & Motor Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development - Physical & Motor Development
Activity Time: 10 Minutes	<p>Time to Say Hello Covid 19 Safety Messages:</p> <ul style="list-style-type: none"> - Wash your hands more often for 20 second 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoijja Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoium (We won't tell lies) - Ara boro re ijot goijjum (We will respect the elderly) 	<p>Time to Say Hello Covid 19 Safety Messages</p> <ul style="list-style-type: none"> - Cover nose and mouth while coughing and sneezing with elbow. 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoijja Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoium (We won't tell lies) - Ara boro re ijot goijjum (We will respect the elderly)
	<p>Kabbya - Gong Gong Gong Le Lubala (Physical Exercise involving different body parts)</p>	<p>Moving & Doing - Bang Khela (Imitate and jump like a frog. Balancing skill and communication skill will increase)</p>	<p>Kissa Tin Fazziar Kissa (A story about three friends and the moral is 'everyone is equal')</p>	<p>Free Choice Session 1 Activity a child will choose from the last 3 weeks activity Process:</p>
	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child.

Pashe Achhi Framework For The 2nd Month

Content & Timing	Week 1	Week 2	Week 3	Week 4
Developmental Outcome	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Motor Development - Social & Emotional Development - Eye & Hand coordination will Develop 	<ul style="list-style-type: none"> - Language Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development - Physical & Motor Development
Activity Time: 10 Minutes	<p>Time to Say Hello Covid 19 Safety Messages:</p> <ul style="list-style-type: none"> - Cover your nose and mouth while coughing and sneezing with elbow. 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly) 	<p>Time to Say Hello Covid 19 Safety Messages</p> <ul style="list-style-type: none"> - Keep distance from others helps to protect yourself from those who are sick and help to prevent yourself from spreading the disease. 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly)
	<p>Kabbya - Messi Lega Minde (A Kabbya about functions of different Body Parts)</p>	<p>Moving & Doing - ABCD Loar Kechi (A fun activity to strengthen the relationship between the mother and child)</p>	<p>Kissa - Duijon Poain o Lal Paik (A story about two children & a red bird. The moral is to show kindness towards animals)</p>	<p>Free Choice Session 1 Activity a child will choose from the last 3 weeks activity.</p>
	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child.

Pashe Achhi Framework For The 3rd Month

Content & Timing	Week 1	Week 2	Week 3	Week 4
Developmental Outcome	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Motor Development - Social & Emotional Development - Cognitive Development 	<ul style="list-style-type: none"> - Language Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development - Physical & Motor Development
Activity Time: 10 Minutes	<p>Time to Say Hello Covid 19 Safety Messages:</p> <ul style="list-style-type: none"> - Acknowledge your friends and neighbors with your words, a nod or a wave, but do not shake hands or hug them 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly) 	<p>Time to Say Hello Covid 19 Safety Messages</p> <ul style="list-style-type: none"> - Try to visit public spaces when there are less people and always wear a face covering when out in public 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly)
	<p>Kabbya</p> <ul style="list-style-type: none"> - Tai Nai Sagu Sai (Learn about Burmese number 1-10) 	<p>Moving & Doing</p> <ul style="list-style-type: none"> - Moja Kore Guni (A fun activity of counting numbers from 1-10 using sound modulation) 	<p>Kissa</p> <ul style="list-style-type: none"> - Kak o Kokiler Kissa (A story about a Crow & a Cuckoo. The moral is whatever we see may not always reflect the reality) 	<p>Free Choice Session</p> <p>1 Activity a child will choose from the last 3 weeks activity</p>
	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child.

Pashe Achhi Framework For The 4th Month

Content & Timing	Week 1	Week 2	Week 3	Week 4
Developmental Outcome	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Motor development - Cognitive Development - Self Regulation Skills will Develop 	<ul style="list-style-type: none"> - Language Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development - Physical & Motor Development
Activity Time: 10 Minutes	Time to Say Hello Covid 19 Safety Messages: <ul style="list-style-type: none"> - Keeping your distance from others helps protect yourself from those who are sick and helps prevent you from spreading the disease. 	Time to Say Hello Social & Moral Values <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly) 	Time to Say Hello Covid 19 Safety Messages <ul style="list-style-type: none"> - Cover nose and mouth while coughing and sneezing with elbow. 	Time to Say Hello Social & Moral Values <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly)
	Kabbya <ul style="list-style-type: none"> - Do Song (A Kabbya about school)	Moving & Doing <ul style="list-style-type: none"> - Shobder Khela (A fun activity about the difference between high and low sound using sound modulation)	Kissa <ul style="list-style-type: none"> - Pakhi o Kocchoper Kissa (A story about birds & a turtle. The moral is to help others during difficult situation and to listen to the dear ones)	Free Choice Session 1 Activity a child will choose from the last 3 weeks activity
	Goodbye/Closing Session: <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	Goodbye/Closing Session: <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	Goodbye/Closing Session: <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	Goodbye/Closing Session: <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child.

Pashe Achhi Framework For The 5th Month

Content & Timing	Week 1	Week 2	Week 3	Week 4
Developmental Outcome	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Social & Emotional Development - Physical Development - Cognitive Development 	<ul style="list-style-type: none"> - Language Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development - Physical & Motor Development
Activity Time: 10 Minutes	<p>Time to Say Hello Covid 19 Safety Messages:</p> <ul style="list-style-type: none"> - Try visiting public spaces when there are less people and always wear a face covering out in public. 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly) 	<p>Time to Say Hello Covid 19 Safety Messages</p> <ul style="list-style-type: none"> - Keep distance from others helps to protect yourself from those who are sick and helps to prevent you from spreading the disease. 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly)
	<p>Kabbya - Manglaba (A Kabbya about respecting Teachers)</p>	<p>Moving & Doing - Bondhu Boleche (An interesting activity involving role-play on expressing various emotions)</p>	<p>Kissa - Chalak Sheyaler Kissa (A story about A Clever Fox & the moral of the story is 'Never trust everyone & always try to do the right choice)</p>	<p>Free Choice Session 1 Activity a child will choose from the last 3 weeks activity</p>
	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child.

Pashe Achhi Framework For The 6th Month

Content & Timing	Week 1	Week 2	Week 3	Week 4
Developmental Outcome	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language & Communication Development - Motor Development 	<ul style="list-style-type: none"> - Language Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development - Physical & Motor Development
Activity Time: 10 Minutes	<p>Time to Say Hello Covid 19 Safety Messages:</p> <ul style="list-style-type: none"> - Wash your hands for more than 20 seconds 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly) 	<p>Time to Say Hello Covid 19 Safety Messages</p> <ul style="list-style-type: none"> - Try to visit public spaces when there are less people and always wear a face covering out in public 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly)
	<p>Kabbya - Pepe Meme (A Kabbya about respecting parents)</p>	<p>Moving & Doing - Thal Majuni (An activity using hands with a tune of Kabbya)</p>	<p>Kissa - Badshah Sulemaner Kissa (A story is about King Solaiman. The moral is duty and devotion towards parents)</p>	<p>Free Choice Session 1 Activity a child will choose from the last 3 weeks activity</p>
	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child.

Pashe Achhi Framework For The 7th Month

Content & Timing	Week 1	Week 2	Week 3	Week 4
Developmental Outcome	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Cognitive Development - Able to learn counting numbers from 1-10 in Burmese 	<ul style="list-style-type: none"> - Language Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development - Physical & Motor Development
Activity Time: 10 Minutes	<p>Time to Say Hello Covid 19 Safety Messages:</p> <ul style="list-style-type: none"> - Keeping your distance from others helps protect yourself from those who are sick and helps prevent you from spreading the disease. 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly) 	<p>Time to Say Hello Covid 19 Safety Messages</p> <ul style="list-style-type: none"> - Cover nose and mouth while coughing and sneezing with elbow. 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly)
	<p>Kabbya - Sa Sa Sadoung Kuye (A Kabbya about food hygiene practice and daily food routine)</p>	<p>Moving & Doing - Porer Shongkhati Ki (A counting activity guessing the next number)</p>	<p>Kissa - Buro Manusher Kissa (A story about a old person. The moral is how to look after the elderly person)</p>	<p>Free Choice Session 1 Activity a child will choose from the last 3 weeks activity</p>
	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child.

Pashe Achhi Framework For The 8th Month

Content & Timing	Week 1	Week 2	Week 3	Week 4
Developmental Outcome	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Motor Development - Cognitive Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development - Physical & Motor Development
Activity Time: 10 Minutes	<p>Time to Say Hello Covid 19 Safety Messages:</p> <ul style="list-style-type: none"> - Acknowledge your friends and neighbors with your words, a nod or a wave, but do not shake hands or hug them 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly) 	<p>Time to Say Hello Covid 19 Safety Messages</p> <ul style="list-style-type: none"> - Keep distance from others helps to protect yourself from those who are sick and helps to prevent you from spreading the disease. 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly)
	<p>Kabbya - Piya Taggalu Saggasu (A Kabbya about showing respect to everyone)</p>	<p>Moving & Doing - Ami Korte Pari (Imitating different body gestures and sounds)</p>	<p>Kissa - Raja o Rajputrer Kissa (A story about a King and a Prince. The moral is that disobedience won't earn affection)</p>	<p>Free Choice Session 1 Activity a child will choose from the last 3 weeks activity</p>
	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child.

Pashe Achhi Framework For The 9th Month

Content & Timing	Week 1	Week 2	Week 3	Week 4
Developmental Outcome	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Motor Development - Cognitive Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development - Physical & Motor Development
Activity Time: 10 Minutes	<p>Time to Say Hello Covid 19 Safety Messages:</p> <ul style="list-style-type: none"> - Cover your nose and mouth while coughing and sneezing with elbow. 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly) 	<p>Time to Say Hello Covid 19 Safety Messages</p> <ul style="list-style-type: none"> - Keep distance from others helps to protect yourself from those who are sick and helps to prevent you from spreading the disease. 	<p>Time to Say Hello Social & Moral Values</p> <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly)
	<p>Kabbya - Sugalle (Seven days of the week)</p>	<p>Moving & Doing - Jan achhe Jan naii (Chidren will learn about a Leaving and Non-leaving thing)</p>	<p>Kissa - Dui Bondhuor Kissa (A story about two friends. The moral is The friend in need is friend indeed)</p>	<p>Free Choice Session 1 Activity a child will choose from the last 3 weeks activity</p>
	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	<p>Goodbye/Closing Session:</p> <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child.

Pashe Achhi Framework For The 10th Month

Content & Timing	Week 1	Week 2	Week 3	Week 4
Developmental Outcome	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language & Communication Development - Motor Development 	<ul style="list-style-type: none"> - Language Development - Social & Emotional Development 	<ul style="list-style-type: none"> - Language & Communication Development - Social & Emotional Development - Physical & Motor Development
Activity Time: 10 Minutes	Time to Say Hello Covid 19 Safety Messages: <ul style="list-style-type: none"> - Acknowledge your friends and neighbors with your words, a nod or a wave, but do not shake hands or hug them. 	Time to Say Hello Social & Moral Values <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly) 	Time to Say Hello Covid 19 Safety Messages <ul style="list-style-type: none"> - Keep distance from others helps to protect yourself from those who are sick and helps to prevent you from spreading the disease. 	Time to Say Hello Social & Moral Values <ul style="list-style-type: none"> - Ara Beggun Bhai Bon (We're brothers and sisters) - Ara Hoiija Nogoijjum (We won't fight witheach each other) - Ara Mili Jhuli Taikkum (We will always stick together) - Ara Micha Kotha Nohoiyyum (We won't tell lies) - Ara boro re ijgot goijjum (We will respect the elderly)
	Kabbya - So So Tai (Importance to have a daily routine for a child)	Moving & Doing - Si Si khela (An activity using hands with a tune of Kabbya)	Kissa - Machir Kissa (A story about a fly and the moral is how a person should be careful before trusting other's and do the right choice. Because people can trick anytime)	Free Choice Session 1 Activity a child will choose from the last 3 weeks activity
	Goodbye/Closing Session: <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	Goodbye/Closing Session: <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	Goodbye/Closing Session: <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child. 	Goodbye/Closing Session: <ul style="list-style-type: none"> - Encourage the child - Assure the child by saying "we'll get back to you again" - Will give option/choice to the mother to do something of their own if needed with the child.