

Booklet for Fathers with Children ages 0-2

play to learn





It is important to make connections with your child from an early age.

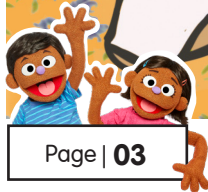




You can help develop your child's motor development skills in simple ways.



Playful activities can help children build spatial awareness.



Make cleaning time fun and enjoyable so your child appreciates good health and hygiene.





Learning about healthy foods starts from the early years.





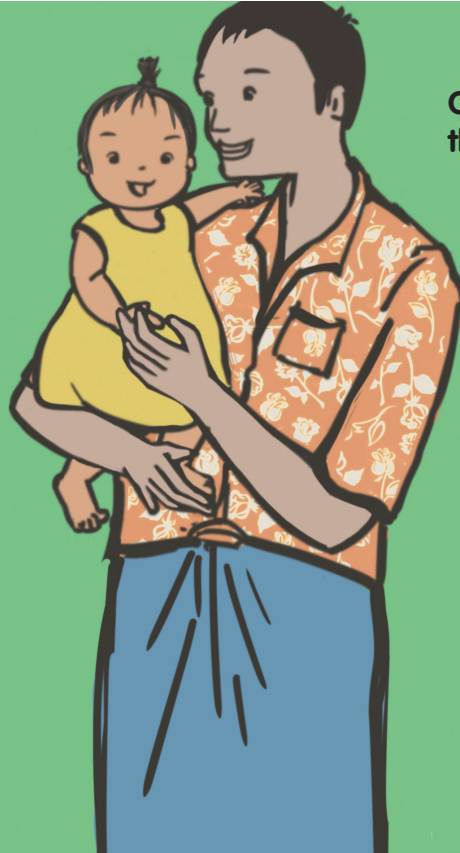
Stories help your children develop
creativity and imagination.



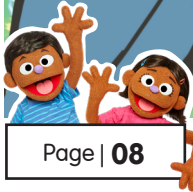
Simple activities can help your children better understand the world around them.



Distance: You can teach important concepts to your baby like “near” and “far.” Hold a clean cloth close to the baby’s face and say “near.” Then, move the cloth backward and say “far.” Try doing this activity to teach other concepts like “high” and “low.” Notice how the baby focuses their attention on you.



Children can have an appreciation for their bodies from a young age.





Help children explore their senses through different activities.



Rhymes help children develop their language abilities.

