

**Feedback on “Be Ready, Be Strong” In-  
Person Sessions & ECD Kits from  
Facilitators, Caregivers, and Children**

**2023**



## Reach of all Emergency Earthquake response programs in NWS

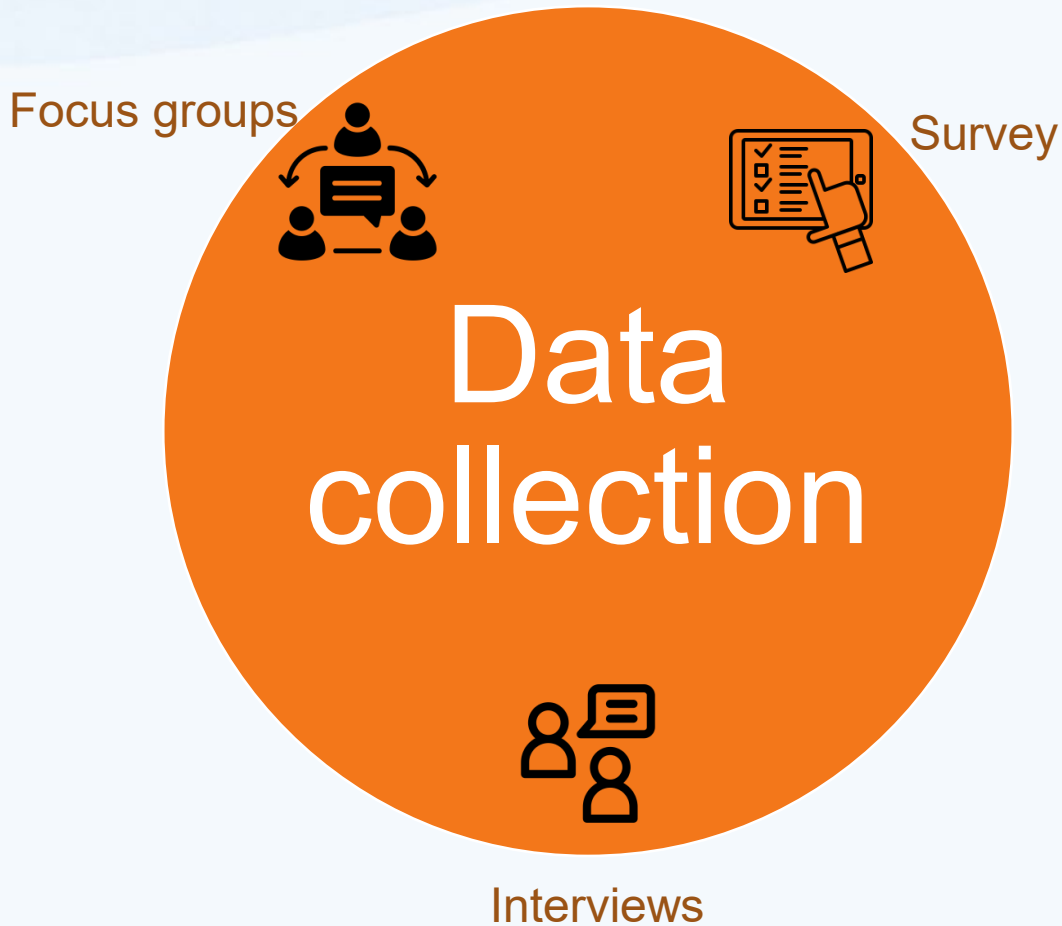
Program	Caregivers	Children (0-8) through caregiver
Be Ready, Be Strong	2,321	3,935
Despite Everything, Be Strong	6,262	9,900
ECD home kits	1,602	2,403
Total	10,185	16,636

### Characteristics of caregivers reached:

- 60% female
- 84% IDPs
- 1% with disabilities

Children reached were about half girls, half boys.





**Program sessions:** The qualitative tools (interviews and focus group discussions) were obtained feedback a sample of children, caregivers and facilitators about the in-person Be Ready, Be Strong sessions led by facilitators for groups of caregivers

Number per group	Categories
(4- 6) children per focus group	Children
(6- 8) caregivers per focus group	Caregivers
6	Facilitators

**ECD Kits:** A survey gathered feedback from **313 caregivers** about ECD kits distributed to families after in-person sessions.

# كن جاهزاً..كن قوياً

أنشطة رفع وعي الأهل ومقدمي الرعاية  
للتعامل مع الأزمات

للأطفال من الميلاد إلى ثمانية سنوات

دليل الأنشطة



At the end of July, the monitoring and evaluation team held interviews and focus group discussions with children and their caregivers who attended the program sessions as well as the facilitators responsible for implementing it to obtain qualitative feedback with regard to “Be Ready Be Strong” programs.



**In-Person Sessions: Caregiver feedback on Be Ready,  
Be Strong**

# Caregiver feedback – Program influence on caregiving

Caregivers and parents reported benefiting from Be Ready Be Strong program as they learned how to deal with their children in difficult circumstances.

It had a positive effect, as the parents learned new ways to deal with children who suffered from psychological issues. The children also learned how to deal with those around them, whether their peers at home or outside it

It had a good effect/ it helped to find ways to deal with things calmly

It had a great effect on me as I changed my approach to deal with the children in times of crisis

## Caregiver behavioral changes

- Enhancing children's self confidence
- Raising children's morale and relieving stress
- Finding solutions and ways to deal with the children and understand their feelings
- Teaching the child how to introduce himself, express his feelings, relieve his stress, enhance his abilities and raise his morale



# Caregiver feedback - program influence on their children's development

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أهلنا مسلم



## Creative skills

Drawing, coloring, and toy making

## Behavioral development

Helping people with disabilities  
Expressing feelings

## Learning skills

Learning skills: Counting from 1-10  
Learning through things  
Taking deep breaths  
Teaching the child several songs that ease his stress and help him overcome anxiety and fear  
Distinguishing between writing and color



# Caregiver recommendations for Be Ready Be Strong program

All participants  
suggested to  
increase session  
time and duration

Discussing new  
topics during  
the sessions

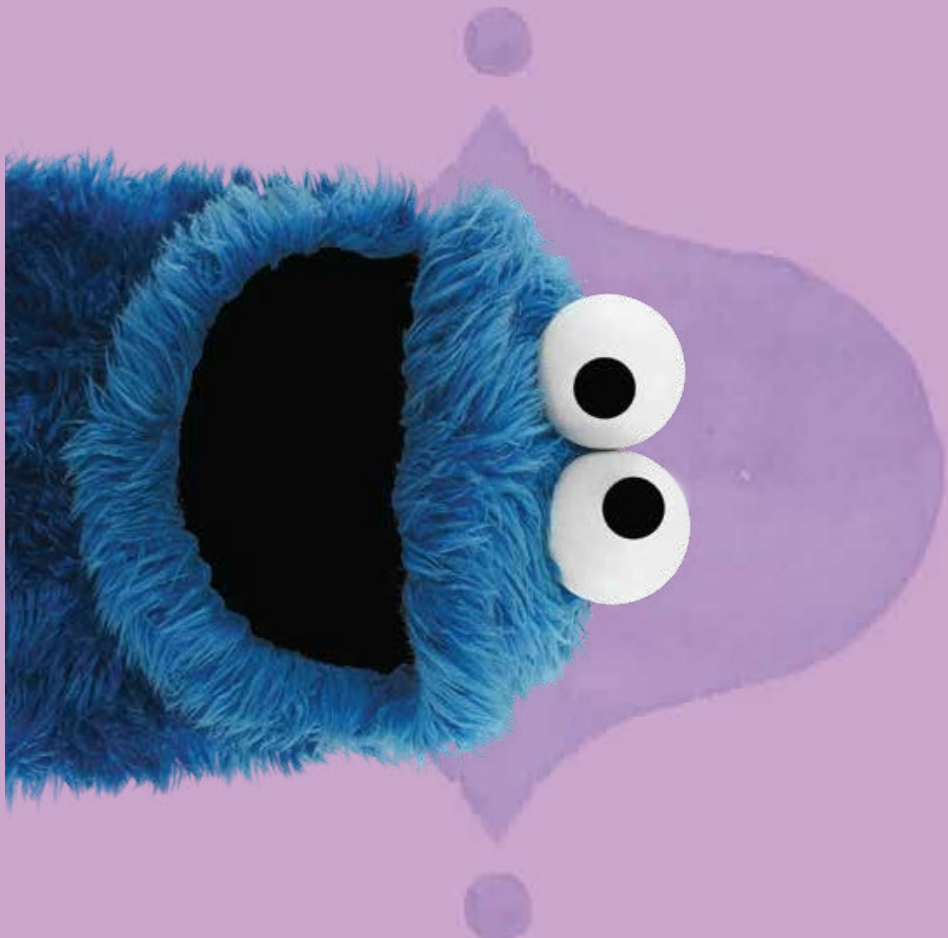
Program  
continuity

Having new  
games such as  
racket ball and  
football

Having an  
entertainment day  
for the children

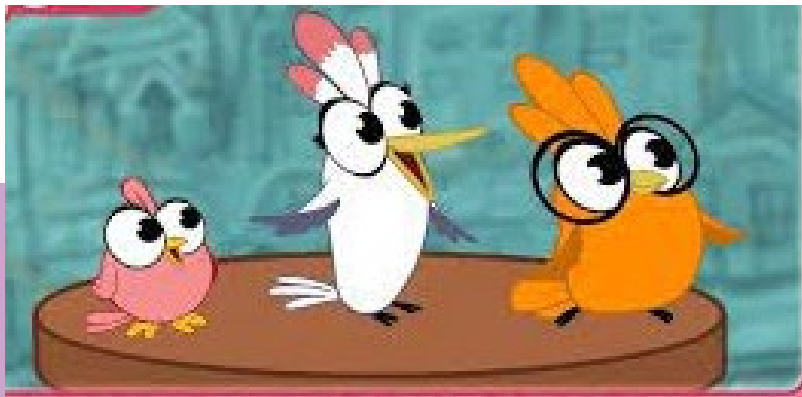






## **In-Person Sessions: Children's feedback on Be Ready Be Strong**

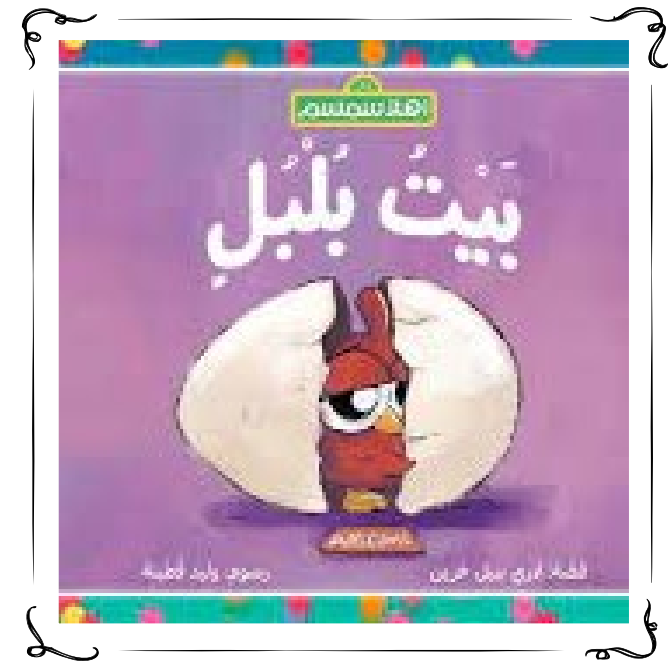
# The children's Ahlan Simsim favorite characters



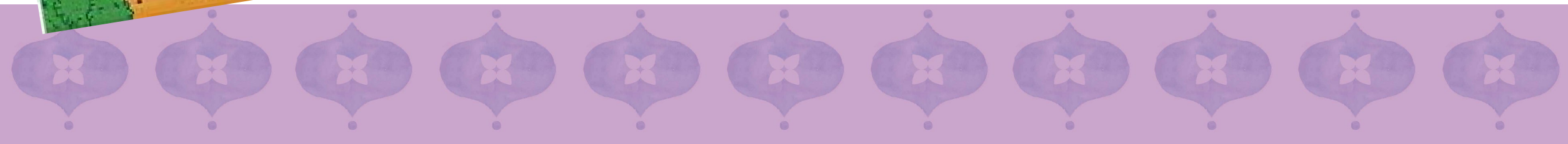
# The sessions and activities the children remembered from Be Ready Be Strong program



Bab Alhara song



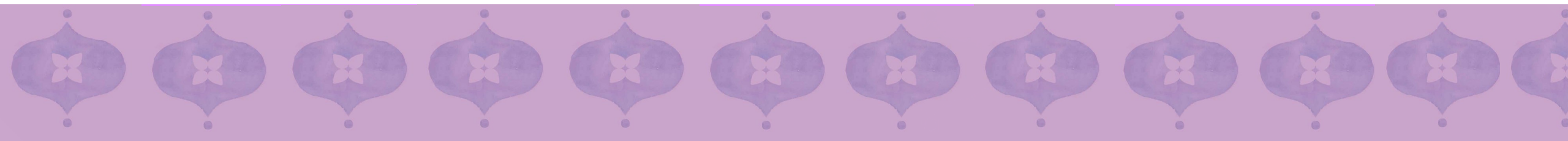
Beit Bulbul story



# Children's feelings after attending the Be Ready Be Strong program



All the children answered that they were able to identify their feelings and began expressing them through expressive pictures



## Ways of relieving stress mentioned by the children from the Be Ready Be Strong program

Taking deep breaths

Smelling the flower

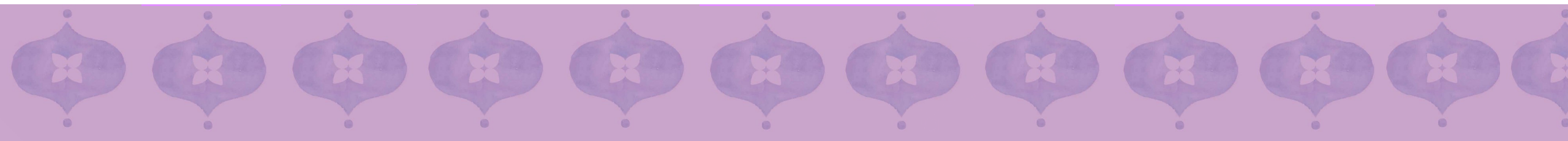
Blowing the candle

Counting from 1- 10

Expression through drawing

Playing with movements

Exercising





## **In-Person Sessions: Facilitators' feedback on the Be Ready Be Strong**

## Facilitators' feedback on the Be Ready Be Strong program – best sessions

Protecting the Child session

Children's sessions  
(Integrating those with disabilities)

Memory Box and all the sessions that touch on feelings

Take care of yourself because it touches the reality we live in

Educational games sessions

Know my personal information  
Because it is important in emergency situations and parents didn't give it much importance



## Facilitators' feedback on the importance of Be Ready Be Strong program activities



**These activities are important at the present time after the earthquake struck the region, as they are educational**

**To provide the caregivers with sufficient skills and experience to enable them to manage their emotions and strong feelings and to help their children in early childhood to manage their own**

**What pleased us the most was the way the children expressed their feelings, which indicates the need for such sessions. The parents also needed someone to teach their children to memorize some concepts such as "phone number and detailed residential address" despite their simplicity**



## The most engaging Be Ready Be Strong program activities for children and caregivers – according to facilitators



Know my personal information as it is important in emergency situations

Memory Box and educational games because they touch on feelings

Child Protection session  
Take care of yourself  
Strong Emotions

Basma Says session

Wooden stick puppet activity  
Bulbul's House  
The pictures and the signs  
Coloring and interaction

Bubble Poems activity where the child is determined to achieve his goal

## **Facilitators' feedback on Be Ready Be Strong program – in-person vs. remote**

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- Facilitators did all sessions in person, no remote
- They thought that in-person sessions more engaging and more useful overall
- Internet access/cost was challenge for delivering remote sessions – consider providing internet recharge cards to families in future for remote sessions

## **Facilitators' recommendations on Be Ready Be Strong – overall program**

### **Facilitators' recommendations**

- Expand the topics of activities within the theme of integration
- Increase the number of sessions
- Continue the sessions
- Expand the topics within the protection item
- Increase the days of sessions and include more camps to involve a large number of families who receive protection support

## Facilitators' recommendations on Be Ready Be Strong - training

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To encompass all types of emergencies and not only for earthquakes

To be practical

To distribute the training schedule over more than 2 days

To enrich the training with more practical applications

## Facilitator recommendation on Be Ready Be Strong – logistics

To provide transportation means for beneficiaries residing in the villages and farms adjacent to the center in Armanaz as many families are eager to attend the program but the lack of transportation hinders them from achieving that.

Continuity of Ahlan Simsim programs and activities

To provide models or logistics for all age groups

To enrich the sessions with more practical applications

Provide caregivers with kits immediately after attending the sessions.  
Provide them with internet cards whenever possible  
Add a session on family counseling and dealing with children with difficult behaviors.



**ECD Kits: Caregiver survey feedback**



## Feedback on ECD Emergency Kits & Activities

- 74% (232/313) of caregivers reported that they had used the ECD kit materials for activities with their children.
- 92% (286/313) said they had used at least one technique from the Stress Relief in the week before the survey
- 87% (271/313) said they had accessed the YouTube videos linked in the ECD materials.

## Most caregivers used the ECD kit with children weekly

- Frequency of ECD kit use with children:
  - Daily: 37% (85/232)
  - Weekly: 57% (131/232)
  - Every 2 weeks: 7% (16/232)
- Used an average of 6 items from the kit in total





## Top 5 most frequently used items from kits

1. Safe and together brochure (1 page)
2. Be prepared, be strong: Home activity guide
3. Game booklet – Play at home
4. Play matters at home pre-primary booklet
5. AS storybook: Let's play or AS Storybook: Power of kindness



## 5 least used items from kits

1. Inclusion brochure – using hands
2. Tape
3. Bag (cloth or plastic) – note that this is different than the “school bag,” which was used more often
4. Sticky notes
5. Inclusion brochures (talking/speech, hearing, developmental delays, sight, movement) – all received about the same % of use by only 1 or 2 of survey respondents

# Emergency Response Home Kit Distribution







# Video of the Home Kit distribution

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# Thank you letters addressed to the early childhood development program



## بطاقة شكر وتقدير

يسعدنا تقديم الشكر والتقدير للجنة الانقاذ الدولية IRC وبرنامج تنمية الطفولة المبكرة مشروع أهلاسمسم في مكتب حزررة على مجهودهم الرائع في تنفيذ تدريبات وبناء قدرات فريق الحماية وادارة الحالة وميسري الدعم النفسي في المساحة الامنة للأطفال - كوكب الطفولة - في مدينة سرمد و العائدة لمنظمة SARD وذلك على برنامجي أصدقاء أهلاسمسم وعائلات أهلاسمسم بالاضافة لقيام فريق الطفولة المبكرة بتنفيذ جلسات برنامج أصدقاء أهلاسمسم والتي كان لها أثر مميز على الأطفال وتطورهم المعرفي والعاطفي الاجتماعي



## بطاقة شكر

يسر إدارة و معلمي مركز خطوة أمل لذوي الاعاقة في ادلب التقدم بالشكر والتقدير للجنة الانقاذ الدولية IRC وبرنامج تنمية الطفولة المبكرة / مشروع أهلاسمسم / في مكتب حزررة على مجهودهم الكبير في تنفيذ جلسات عائلات أهلا سمسم لمقدمي الرعاية و جلسات أصدقاء أهلاسمسم للأطفال من ذوي الاعاقة من خلال دمجهم مع أقرانهم من الأطفال الأصحاء والتي كان لها أثر ايجابي في تطور معارفهم ومهاراتهم في التعامل مع الضغوط النفسية و بما يشمل تطورهم الشمولي أيضا .

التاريخ  
3/9/2023



## الشكر والتقدير لبرنامج تنمية الطفولة المبكرة في IRC مكتب حزررة

على مجهود الكثير في تنفيذ تدريب وبناء قدرات الموظفين على جلسات برنامج عائلات أهلا سمسم للموظفين في مركز حماية الطفل (مؤسسة الشام الإنسانية) والتي كان لها أثر ايجابي في تطوير مهاراتهم وخبراتهم في التعامل مع الاطفال في مرحلة الطفولة المبكرة .



Thank You

