



Understanding Bullying

In this webinar, we talk about how bullying affects young children. As providers, we can empower parents and caregivers to help prevent bullying in the lives of their children. Use this worksheet to write down strategies you can use with children who are the victims, children who are exhibiting bullying behavior, and the parents of both children, to regulate and ameliorate the situation.

Strategies to help the child who is the *victim* of bullying behavior

Strategies to help the child who is *exhibiting* bullying behavior

Strategies to help *parents*