

Monster Feelings Word Bank

Cut out the words below and “feed” them to your mood monsters. For younger children, you may want to color-code them, too.

happy	sad	mad
excited	somber	angry
giddy	gloomy	frustrated
content	miserable	fuming
cheerful	unhappy	livid
delighted	disappointed	outraged
glad	down	infuriated
joyful	upset	annoyed
pleased	forlorn	exasperated
elated	glum	mad
