

Understanding Conditions

Understanding your loved one's condition can help you care with confidence. Review this information and underline things you want to remember or have questions about.

Delusions are false ideas about events, people, or things that could actually happen in reality, but are not really happening at the time.

Hallucinations are false perceptions of objects or events, and involve the senses: taste, hearing, smell, sight, and touch.

Post-traumatic stress disorder (PTSD) is a mental health condition that's triggered by a terrifying event. PTSD symptoms can usually be sorted into three different groups: re-experiencing symptoms, avoidance symptoms, and hyper-arousal symptoms.

Traumatic Brain Injury (TBI) is a disruption of brain function resulting from a blow or jolt to the head or penetrating head injury. TBIs range in severity: mild, moderate, severe, and penetrating.

Learn more about injuries, conditions, and find support at:

www.ss4mf.org

www.rosalynncarter.org

www.operationfamilycaregiver.org

www.familyofavet.com

www.uso.org/warriorandfamilycare

www.brainlinemilitary.org

www.militaryonesource.mil

