

Helping Hands

1. Trace your hand here.
2. Have your mom or dad trace their hands.
3. On each finger, write one way you help each other.
4. Sign your names in the middle of each hand. Shake hands when you're done!



Display the hands in a place everyone can see. Before bed, look at the hands together and invite everyone to name one way they helped someone today. Try it in the morning too. Invite everyone to name one way they plan to help someone today.